

“Feeling stressed?”

NOW AND ZEN ON-SITE MASSAGE



We specialise in providing a seated massage designed to relax and alleviate tension in the neck, shoulders and upper back.

We can come to your own workspace, event or office within the Nelson/Tasman region.

Please contact us for more details or to make an appointment.

JOIN US ON FACEBOOK FOR THE LATEST DETAILS ON PROMOTIONS!



If you'd like to make a booking or have a general enquiry please reach us via the website or from either of the following contacts

www.nownzen.co.nz
m.021 105 9994
e.bookings@nownzen.co.nz

Relief from tension is at hand